



PE: Our DNA

Head of Department: Ms Bridges

Underpinning the delivery of Physical Education within the Academy is a commitment to allow the greatest number of opportunities by providing an excellent environment, which will lead to pupil engagement and enjoyment.

Environment, Engagement, Enjoyment!

We deliver a broad, multifaceted curriculum and enrichment programme that is not influenced by gender, social or economic bias. The aim of Physical Education at Bolingbroke Academy is to instil lifelong engagement in sport, and to embed an understanding of the benefits of a healthy, active lifestyle. In this regard, we are committed to developing an environment in which pupils work outside of the comfort zone, utilizing new opportunities and embracing mistakes and misconceptions as a method of improvement.

Our department is one that prides itself on being revolutionary as opposed to reactionary, and high standards are embedded within all areas. The department has structured cross curricular links that are fed down through both practical and theoretical contexts.

- **Practical and theoretical contexts-** Pupils learn in and outside of the classroom. We are a valued subject that embeds knowledge through classroom content as well as practical skills. Pupils can explore what it means to be Physically educated regardless of access, experience or preference.
- **Facilitation-** Pupils are encouraged to evaluate their own and others' performance in repeated cycles in order to facilitate the highest level of thinking and progress. Pupils learn by doing, and do by thinking.
- **The importance standardised routine-** Pupils are made aware of the importance of regimented standards and expectations- Pupils begin each lesson in a way that is appropriate to the progress of the individual lesson:- 'if we don't get it right, we practice, practice, practice'
- **Risk taking-** Pupils are encouraged to work in the context of their own personal, social and physical development. We view mistakes, misconceptions, and failure as a means to an end in the struggle to achieve perfection.
- **The perfect model-** Pupils are exposed to visual, oral and kinaesthetic examples of exceptional examples of every facet of physical education- 'to know what it looks like is to know where you're going'
- **Attempt, Evaluate, Repeat-** Pupils experience the habitual implementation of plenaries and evaluation within the department; 'Where are we going' is the key question.
- **Co-planning and delivery-** units of work are planned as a team in order to achieve high levels of consistency within the department. Within nurtured groups this expertise is utilised to deliver lessons in a collaborative and innovative way.

